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·MDT 专家视角专栏·

子宫腺肌病合并不孕,为何提倡多 学科诊疗?

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【摘要】 子宫腺肌病合并不孕症的临床诊疗过程涉及影像科、妇科、生殖科、病理科、介入科等多个学科。推行多学科综合诊疗(multi-disciplinary team, MDT)模式与个体化相结合的综合治疗,是弥补专业深度细分后诊疗宽度不足的有效办法。针对子宫腺肌病合并不孕,开辟 MDT 专家视角专栏组织专题述评,可有效推动子宫腺肌病合并不孕症患者的多学科、个体化的诊疗模式的实施,为该类患者提供通往活产、优生的最佳诊疗途径。

【关键词】 子宫腺肌病; 不孕症; 多学科综合诊疗

Why should multi-disciplinary team be advocated in adenomyosis related infertility?

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[Abstract] The clinical diagnosis and treatment process of adenomyosis complicated with infertility involves multiple disciplines such as imaging department, gynecology department, reproductive department, pathology department and interventional department. The combination of the multidisciplinary team (MDT) model and personalized comprehensive treatment is an effective way to make up for the lack of limited diagnosis and treatment breadth after in-depth subdivision. The development of a special topic review from the perspective of MDT experts for adenomyosis related infertility can effectively promote the multi-disciplinary and individualized diagnosis and treatment mode for patients with adenomyosis and provide the best path leading to live and healthy birth for such patients.

【Key words】 Adenomyosis; Infertitliy; Multi-disciplinary team

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·MDT 专家视角专栏·

如何看待子宫腺肌病的临床影像诊断和分型?

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【摘要】 子宫腺肌病是育龄妇女的常见病,其引起的症状包括月经过多、严重痛经和不孕等,对患者身心健康造成严重的影响。其疾病表现多样复杂,累及范围和严重程度迥异。本文拟针对临床和影像诊断中的要点和困惑,分别对子宫腺肌病影像学诊断、结合带的价值以及疾病分型三个方面进行简要归纳与探讨。

【关键词】 子宫腺肌病; 诊断; 影像; 分型

$\label{lem:continuous} A\ revisit\ to\ the\ clinical\ imaging\ diagnosis\ and\ classification\ of\ adenomyosis$

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【Abstract】 Adenomyosis is a quite common gynecological disease, which presents a spectrum of clinical symptoms such as menorrhagia, severe dysmenorrhea and infertility, which have a serious impact on the physical and mental health of patients. The presentations of clinical symptoms are diverse with varying involvement and disease severity. In this review, the comprehensive diagnosis, value of the junctional zone in diagnosis, and new imaging-based classification of uterine adenomyosis is revisited and discussed in order to address the main concerns existing in diagnosis of uterine adenomyosis.

【Key words】 Adenomyosis; Diagnosis; Imaging; Classification

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波塞冬分类标准下的不同卵巢刺激方案对卵巢低反应患者的疗效分析

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【摘要】 目的 探讨基于波塞冬分类标准下的卵泡期长效长方案、黄体期短 效长方案和拮抗剂方案在卵巢低反应人群中的治疗效果,为卵巢低反应患者提供合 适的治疗方案。方法 回顾性队列研究分析 2013 年 3 月至 2018 年 12 月期间在 郑州大学第一临床学院生殖医学中心行体外受精(in vitro fertilization, IVF)/卵 胞质内单精子注射(intracytoplasmic sperm injection, ICSI)治疗的,且根据波 塞冬分类标准筛选卵巢低反应预期患者的临床资料,按年龄因素分为低年龄组 (<35 岁组)和高年龄组(≥35 岁组),进行不同治疗方案的临床疗效对比。结果 本研究共纳入患者 1249 例,其中低年龄组 410 例,高年龄组 839 例。在低年龄 组中,卵泡期长效长方案相对比于黄体期短效长方案和拮抗剂方案,可获得更多的 卵母细胞数 [(5.6±3.6) 枚比(4.6±3.2) 枚比(2.4±1.7) 枚, P<0.001] 和 可移植胚胎数[(2.2±1.6) 枚比(1.6±1.6) 枚比(1.1±1.1) 枚, P<0.001], 更低的移植周期取消率「20.8%(33/159) 比 39.5%(49/124) 比 69.3% (88/127),*P*<0.001],更高的妊娠率 [40.9%(65/159) 比 29.0%(36/124) 比 15.7%(20/127), P<0.001]和活产率[31.4%(50/159) 比 23.4%(29/124) 比 12.6% (16/127), P<0.001], 三种治疗方案的种植率和流产率差异均无统计 学意义(P>0.05)。在高年龄组中,卵泡期长效长方案相对比于黄体期短效长方案 和拮抗剂方案,可获得更多的卵母细胞数[(3.9±2.8)枚比(3.1±2.3)枚比(2.5±1.8) 枚, P<0.001] 和可移植胚胎数[(2.8±2.0) 枚比(2.4±2.0) 枚比(2.1±1.7) 枚, P<0.001],但三种治疗方案在种植率、妊娠率、流产率和活产率方面差异均 无统计学意义(P>0.05)。结论 对于预期卵巢低反应的年轻患者,卵泡期长效长 方案比黄体期短效长方案和拮抗剂方案拥有更好的临床结局。值得强调的是年龄越

大,妊娠结局越差,另外应根据卵巢低反应患者的特点和个体差异针对性制定治疗 方案。

【关键词】 波塞冬标准; 卵巢低反应; 控制性卵巢刺激方案; 受精, 体外; 活产

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Comparison of different ovarian hyperstimulation protocols efficacy in poor ovarian responders classified by Poseidon criteria

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[Abstract] **Objective** To compare the efficiency of the early-follicular phase long-acting gonadotropin-releasing hormone agonist (GnRH-a) long protocol, the mid-luteal phase short-acting GnRH-a long protocol and the gonadotropinreleasing hormone antagonist (GnRH-A) protocol in poor ovarian responders classified by Poseidon criteria, and to explore the most appropriate and effective ovarian hyperstimulation protocol in each Poseidon criteria. **Methods** The clinical data from poor ovarian responders according to the Poseidon criteria who $underwent \ \textit{in vitro} \ fertilization \ (IVF)/intracytoplasmic \ sperm \ injection \ (ICSI) \ in \ the$ Reproductive Medicine Center of the First Clinical College of Zhengzhou University were retrospectively analyzed by a cohort study. The patients were further divided into lower age group (<35 years) and high age group (≥35 years). The data of baseline characteristics and clinical outcomes in each ovarian hyperstimulation protocol group were analyzed and compared. Results Totally 1249 eligible subjects were recruited in the study, including 410 patients in lower age group and 839 patients in high age group. In lower age group, early-follicular phase long-acting GnRH-a long protocol was associated with higher oocyte number (5.6±3.6 vs. 4.6±3.2 vs. 2.4±1.7, P<0.001) and No. of transferable embryos (2.2±1.6 vs. 1.6±1.6 vs. 1.1±1.1, P<0.001), lower cancellation rate of embryo transfer [20.8% (33/159) vs. 39.5% (49/124) vs. 69.3% (88/127), P<0.001], higher pregnancy rate per transfer [40.9% (65/159) vs. 29.0% (36/124) vs. 15.7% (20/127), P<0.001], and higher live birth rate [31.4% (50/159) vs. 23.4% (29/124) vs. 12.6% (16/127), P<0.001] than midluteal phase short-acting GnRH-a long protocol and GnRH-A protocol. However, there was no significant difference in implantation rate and abortion rate among three protocols (P>0.05). In high age group, the early-follicular phase long-acting GnRH-a long protocol was associated with higher oocyte number (3.9±2.8 vs. 3.1±2.3 vs. 2.5±1.8, P<0.001) and No. of transferable embryos (2.8±2.0 vs. 2.4±2.0 vs. 2.1±1.7, P<0.001), lower cancellation rate of embryo transfer [19.5% (60/307) vs. 28.7% (102/355) vs. 53.3% (56/105), P<0.001] than mid-luteal phase short-acting GnRH-a long protocol and GnRH-A protocol. However, there was no statistical significance in implantation rate, pregnancy rate, abortion rate and live birth rate among the three protocols (P>0.05). **Conclusion** It seems that the early-follicular phase long-acting GnRH-a long protocol was more effective in clinical outcomes than the mid-luteal phase short-acting GnRH-a long protocol and the GnRH-A protocol for young patients with POR. It is worth emphasizing that the older the patient is, the lower the live birth rate will be. The characteristics and prognosis of patients should be used to develop clinical management strategies especially for the POR crowd.

【Key words 】 Poseidon criteria; Poor ovarian response; Controlled ovarian stimulation; Fertilization *in vitro*; Live birth

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.临床研究.

长效长方案与拮抗剂方案应用于

PCOS 不孕患者 IVF/ICSI 临床妊娠

结局比较

朱颖春 孙彦欣 刘景瑜 梅洁 南京大学医学院附属鼓楼医院生殖医学中心,南京大学分子生殖医学中

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【摘要】 目的 探讨长效长方案或拮抗剂方案对多囊卵巢综合征 (polycystic ovary syndrome, PCOS)患者行体外受精/卵胞质内单精子注射 (*in*

vitro fertilization/intracytoplasmic sperm injection,IVF/ICSI)临床妊娠结局 的影响。方法 回顾性队列研究分析 2018 年 1 月至 2019 年 12 月期间于南京大 学医学院附属鼓楼医院生殖医学中心行首次 IVF/ICSI 助孕的 1286 例 PCOS 患者 (1286 个 IVF/ICSI 周期)的临床资料,根据患者促排卵方案的不同将所有周期分 为长效长方案组(1106例)和拮抗剂方案组(180例),分别比较两组的基线资 料、促排卵治疗过程和首次移植(包括新鲜周期或复苏周期移植)临床结局的差异。 结果 拮抗剂方案组基础卵泡刺激素 (basal follicle-stimulating hormone, bFSH)[(6.37±1.70)IU/L]显著低于长效长方案组[(6.84±1.69)IU/L](P=0.001), 基础窦卵泡计数 (34.52 ± 11.23) 多于长效长方案组 (27.63 ± 8.24) (P<0.001), 故使用倾向评分匹配法将两组数据进行匹配, 匹配后长效长方案组和拮抗剂组分别 纳入 165 个和 166 个取卵周期。拮抗剂方案组促性腺激素 (gonadotropin, Gn) 使用时间[(9.43±1.78) d]、Gn使用总量[(1648.95±524.15) IU]低于 长效长方案组[(13.85±3.45) d, P<0.001;(2391.14±826.55) IU, P<0.001], 且卵泡发育率 [53.21%(3095/5817)]、获卵数 [(20.72±8.55)个]、囊胚 形成率 [72.77% (1291/1774)] 和可利用胚胎数 [(8.20±5.09) 个] 显著高于 长效长方案组「43.24%(2599/6011), P<0.001;(16.42±6.14)个,P<0.001; 63.06% (840/1332), P<0.001; (6.39±3.35) 个, P<0.001], 但两组间卵 子利用率、中重度卵巢过度刺激综合征(ovarian hyperstimulation syndrome, OHSS)发生率差异均无统计学意义(P均>0.05)。同时,长效长方案组和拮抗剂 方案组患者首次移植(新鲜或复苏周期移植)后临床妊娠率、胚胎种植率、早期流 产率和持续妊娠率差异均无统计学意义(P均>0.05)。结论 PCOS 患者 IVF/ICSI 助孕时应用拮抗剂方案促排卵存在 Gn 使用总量少、刺激时间短、囊胚形成率高、 可利用胚胎数多等优势,但其中重度 OHSS 发生率和首次移植妊娠结局与长效长 方案相同。

【关键词】 多囊卵巢综合征; 受精,体外; 胚胎移植

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Comparison of clinical outcome for long GnRH agonist protocol and flexible antagonist protocol in IVF/ICSI for infertile patients with PCOS

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[Abstract] Objective To compare the clinical outcomes of *in vitro* fertilization/intracytoplasmic sperm injection (IVF/ICSI) in infertility patients with polycystic ovary syndrome (PCOS) using the long gonadotropin-releasing hormone agonist (GnRH-a) protocol and flexible antagonist protocol. **Methods** We used a retrospective cohort study to analyze the clinical data of 1286 IVF/ICSI cycles in Reproductive Medicine Center of Nanjing Drum Tower Hospital from January 2018 to December 2019. All patients were undergoing their first IVF/ICSI cycle and divided into long GnRH-a protocol group (n=1106) and GnRH antagonist protocol group (n=180). Laboratory and clinical outcomes were compared between the two groups. **Results** Since the significant differences have been found in basal follicle-

stimulating hormone (bFSH) [(6.37±1.70) IU/L vs. (6.84±1.69) IU/L](P=0.001) and antral follicle count (AFC)(34.52±11.23 vs. 27.63±8.24) between GnRH antagonist protocol group and GnRH-a protocol group (P<0.001), the propensity score matching method was used to match the two groups of data. After the matching, 165 and 166 oocyte retrieved cycles were included in long GnRH-a protocol group and GnRH antagonist protocol group, respectively. The dosage of gonadotropin (Gn) used [(1 648.95±524.15) IU] and Gn used duration [(9.43±1.78) d] were lower in GnRH antagonist protocol group than in long GnRH-a protocol group [(2 391.14±826.55) IU, P < 0.001; (13.85±3.45) d, P < 0.001]. The number of oocytes retrieved (20.72±8.55), the rate of follicle development [53.21% (3095/5817)], blastocyst formation rate [72.77% (1291/1774)] and the number of transplantable embryos (8.20±5.09) were higher in GnRH antagonist protocol group than in long GnRH-a protocol group [43.24% (2599/6011), P<0.001; 16.42±6.14, P<0.001; 63.06% (840/1332), P<0.001; 6.39±3.35, P<0.001]. However, no statistical difference of oocyte utilization and incidence of moderate to severe ovarian hyperstimulation syndrome (OHSS) was found between the two groups. Besides, there were no significant differences in clinical pregnancy rate, implantation rate, miscarriage rate and ongoing pregnancy rate between the two groups undergoing their first embryo transfer cycle. **Conclusion** The usage of GnRH antagonist protocol in PCOS patients during IVF/ICSI cycles has the advantages of less total Gn used, short stimulation time, higher blastocyst formation rate and more embryos available. However, there was no significant difference in the incidence of moderate to severe OHSS and clinical outcomes between long GnRH-a protocol and GnRH antagonist protocol in their first embryo transfer cycles.

【Key words】 Polycystic ovary syndrome; Fertilization *in vitro*; Embryo transfer

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.临床研究.

探讨长效生长激素预处理对高龄助孕患者 IVF/ICSI 临床结局及安全性的影响

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【摘要】 目的 探讨长效生长激素预处理对高龄不孕患者体外受精/卵胞质 内单精子显微注射(in vitro fertilization/intracytoplasmic sperm injection, IVF/ICSI) 临床结局和安全性的影响。方法 采用前瞻性、自身前后对照研究分析 2018 年 5 月至 2019 年 11 月期间在郑州大学第三附属医院生殖医学科进行 IVF/ICSI 助孕患者的临床资料。选取女方年龄 35~39 岁,单侧基础窦卵泡数≥5 个, 基础卵泡刺激素(follicle-stimulating hormone, FSH)<10 IU/L, 且前次 IVF/ICSI 周期≥50%的IV级胚胎为 A1 组,再次助孕添加生长激素 6 周以上预处理为 A2 组。 平行对照选取同期行 IVF/ICSI 助孕患者,入组标准同上,第一周期常规 IVF/ICSI 助孕,未使用生长激素(B1组);第二周期采用与第一周期相同的控制性超促排 卵方案,未使用生长激素(B2组),主要观察指标为累积活产率(cumulative live birth rate, CLBR)。结果 促性腺激素 (gonadotropin, Gn) 使用时间、人绒 毛膜促性腺激素(human chorionic gonadotropin, hCG)注射日子宫内膜厚度、 hCG 注射日雌激素、hCG 注射日孕酮水平及 IVF 受精比例前后自身对照比较差异 均无统计学意义(P均>0.05)。A2组的Gn用量高于A1组[(3880.4±902.0) IU 比(3 485.6±1 054.0) IU, P=0.012] ,B2 组的 Gn 用量高于 B1 组 [(3 377.7±899.2) IU 比(3 117.8±891.3) IU, *P*=0.025]。A2 组的可利用胚胎 率 [55.17% (160/290)]、优质胚胎率 [21.38% (62/290)]、冻融胚胎移 植临床妊娠率 [60.87% (14/23)]、累积妊娠率 [61.11% (22/36)]和 CLBR [50.00%(18/36)]均显著高于 A1 组[45.98%(120/261), P=0.031; 12.64% (33/261), P=0.007; 17.39%(4/23), P=0.003; 17.50%(7/40), P<0.001; 2.50% (1/40), P<0.001], 差异均有统计学意义。B2 组与 B1 组比较, 可利用 胚胎率、优质胚胎率、新鲜周期临床妊娠率、冻融胚胎移植临床妊娠率差异均无统 计学意义(P 均>0.05),累积妊娠率 [34.21% (13/38) 比 12.50% (5/40), P=0.023)]、CLBR [26.32% (10/38) 比 2.50% (1/40) , P=0.003] 增加, 差异均有统计学意义。A2 组与 B2 组比较,可利用胚胎率 [55.17% (160/290) 比 45.56% (113/248) , *P*=0.026] 、优质胚胎率 [21.38% (62/290) 比 13.31% (33/248), *P*=0.014]、累积妊娠率 [61.11% (22/36) 比 34.21% (13/38), P=0.021]和CLBR「50.00%(18/36)比26.32%(10/38), P=0.036]显著 增高,差异均有统计学意义。A2 组卵巢过度刺激综合征(ovarian hyperstimulation syndrome,OHSS)发生率、多胎妊娠率和异位妊娠率较A1 组差异均无统计学意义,但A2 组流产率小于A1 组,差异有统计学意义 [18.18% (4/22) 比71.43% (5/7),P=0.016]。A2 组应用生长激素前、后 Gn 启动日和取卵日空腹血糖组间比较差异无统计学意义 (P>0.05)。结论 生长激素可能改善高龄患者的助孕结局,临床应用相对安全。

【关键词】 生长激素; 高龄; 生殖技术,辅助; 累积活产率

Effect of long-acting growth hormone pretreatment on the clinical outcome and safety of IVF/ICSI in women of advanced age

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Objective To investigate the effect of long-acting growth [Abstract] hormone (GH) pretreatment on the clinical outcome and safety of in vitro fertilization/intracytoplasmic sperm injection (IVF/ICSI) in women of advanced age. **Methods** It was a prospective, self-controlled study. The patients who underwent IVF/ICSI-embryo transfer (ET) in the Department of Reproductive Center of the Third Affiliated Hospital of Zhengzhou University from May 2018 to November 2019 were included. The patients with age between 35 and 39 years, number of unilateral basal antral follicles ≥5, the basic follicle-stimulating hormone (FSH) <10 IU/L, and ≥50% of the embryos in the previous IVF/ICSI-ET cycle belong to IV grade embryos were collected in group A1, and in the next IVF/ICSI cycle, GH was added for more than 6 weeks of pretreatment (group A2). The parallel control group was selected for IVF/ICSI during the same period, the criteria for inclusion in the group are the same as above, group B1: the first cycle of routine IVF/ICSI without GH treatment; group B2: adopt the same controlled ovarian hyperstimulation (COH) protocol as the first cycle, without GH treatment. The main outcome measure was the cumulative live birth rate (CLBR). Results The duration of gonadotropin (Gn) used, the thickness of the endometrium on human chorionic gonadotropin (hCG) injection day, the levels of estrogen and progesterone on hCG injection day, and IVF ratio were not statistically significantly different between before and after self-control groups (P>0.05). The dosage of Gn used in group A2 was higher than that in group A1 [(3 880.4±902.0) IU vs. (3 485.6±1 054.0) IU, P=0.012], and the dosage of Gn used in group B2 was higher than that in group B1 [(3 377.7±899.2) IU vs. (3 117.8±891.3) IU, *P*=0.025]. Available embryo rate[55.17% (160/290)], high-quality embryo rate [21.38% (62/290)], clinical pregnancy rate of frozen-thawed embryo transfer [60.87% (14/23)], cumulative pregnancy rate [61.11% (22/36)] and CLBR [50.00% (18/36)] of group A2 were significantly higher than those of group A1 [45.98% (120/261), P=0.031; 12.64% (33/261), P=0.007; 17.39% (4/23), P=0.003; 17.50% (7/40), P<0.001; 2.50% (1/40),P<0.001], the difference was statistically significant. Comparing group B2 with group B1, there were no statistical differences in available embryo rate, high-quality embryo rate, clinical pregnancy rate of fresh cycle, and

clinical pregnancy rate of frozen-thawed embryo transfer (all P>0.05). The cumulative pregnancy rate [34.21% (13/38) vs. 12.50% (5/40), P=0.023] and CLBR [26.32% (10/38) vs. 2.50% (1/40), P=0.003] were significantly different. Compared with group B2, available embryo rate [55.17% (160/290) vs. 45.56% (113/248), P=0.026], high-quality embryo rate [21.38% (62/290) vs. 13.31% (33/248), *P*=0.014], cumulative pregnancy rate [61.11% (22/36) vs. 34.21% (13/38), *P*=0.021] and CLBR [50.00% (18/36) vs. 26.32% (10/38), P=0.036] in group A2 were significantly higher, and the differences were statistically significant. The group A2 had no significant difference in the incidence of ovarian hyperstimulation syndrome (OHSS), the rate of multiple pregnancy, and the rate of ectopic pregnancy compared with group A1, but the abortion rate of group A2 was significantly lower than that of group A1 [18.18% (4/22) vs. 71.43% (5/7), P=0.016]. There were no significant differences in fasting blood glucose before the use of GH on Gn start day and oocyte retrieval day in group A2 (P>0.05). **Conclusion** GH may improve the outcome of assisted pregnancy in advanced age patients. The clinical application of GH is relatively safe.

【Key words 】 Growth hormone; Advanced age; Reproductive technology, assisted; Cumulative live birth rate

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.临床研究.

剖宫产术后瘢痕子宫患者行单胚胎 移植的临床结局分析

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【摘要】 目的 探讨瘢痕子宫以及瘢痕憩室对行单胚胎移植(single embryo transfer, SET)的再生育妇女妊娠结局的影响。方法 回顾性队列研究分析 2016 年 1 月至 2018 年 4 月期间在南京医科大学第一附属医院生殖医学科行 SET 的再生育妇女的临床数据,根据既往分娩方式分为剖宫产分娩(cesarean delivery, CD)组及经阴道分娩(vaginal delivery, VD)组,根据移植胚胎的时

期分成两个亚组,分别比较移植卵裂期胚胎 CD1 组(928 例)和 VD1 组(928 例),移植囊胚期胚胎 CD2 组(570 例)和 VD2 组(480 例)的妊娠结局。将 CD 组进一步分为憩室组和无憩室组,观察子宫瘢痕憩室对妊娠结局的影响。结果 无论移植卵裂期胚胎或囊胚期胚胎,CD 组同 VD 组两组之间的活产率、妊娠率、种植率、流产率、早产率等指标差异均无统计学意义(P均>0.05)。同 VD 组相比,CD 组妊娠期并发症如前置胎盘、产后出血、妊娠期糖尿病、妊娠期高血压等疾病的发生率差异均无统计学意义(P均>0.05)。同剖宫产术后无憩室患者相比,合并憩室的患者,移植囊胚期胚胎活产率下降 [30.00%(12/40)比 51.32%(272/530),P=0.013],移植卵裂期胚胎的妊娠率 [18.97%(11/58)比 32.30%(281/870),P=0.034]和种植率 [18.97%(11/58)比 31.26%(272/870),P=0.049]均下降。结论 采用 SET 策略,具有剖宫产史的患者同阴道分娩史患者获得相似的妊娠结局,并且没有增加围产期并发症的风险。但是瘢痕憩室影响体外受精-胚胎移植的妊娠结局。推荐对瘢痕子宫患者行单囊胚移植。

【关键词】 单胚胎移植; 瘢痕子宫; 瘢痕憩室; 妊娠结局 基金项目: 江苏省妇幼专项课题(FYX201901); 江苏省科教强卫工程(YXZXB2016001)

Clinical outcome analysis of single embryo transfer in patients with scarred uterus after cesarean

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[Abstract] Objective To explore the effect of scarred uterus and cesarean scar defect (CSD) on the reproductive outcomes of patients with previous cesarean delivery undergoing single embryo transfer (SET). Methods retrospective cohort study was conducted to analyze the data of patients with a history of cesarean delivery (CD) who accepted SET between January 2016 and April 2018 in Reproductive Medicine Center of the First Affiliated Hospital, Nanjing Medical University. According to the previous mode of delivery, patients were divided into CD group and vaginal delivery (VD) group. The pregnancy outcomes were analyzed in each embryo stage respectively. Furthermore, according to embryonic development stage, patients were divided into cleavage-stage embryo group (CD1 group, n=928 and VD1 group, n=928) and blastocyst-stage embryo group (CD2 group, *n*=570 and VD2 group, *n*=480). The CD population were further divided into two groups according to the presence of CSD to investigate the effect of CSD on pregnancy outcomes. Results Regardless of women undergoing transfer of a cleavage-stage embryo or a blastocyst-stage embryo, there were no statistical differences in live birth rate, pregnancy rate, implantation rate, abortion rate and premature birth rate between CD group and VD group (all P>0.05). Compared with VD group, the risk of gestational complications such as placenta previa, postpartum hemorrhage, gestational diabetes, and gestational hypertension were not significantly increased in CD group (all P>0.05). The live birth rate was lower in CSD group than in non-CSD group in women undergoing the transfer of blastocyst-stage

embryo [30.00% (12/40) vs. 51.32% (272/530), *P*=0.013]. The pregnancy rate and the implantation rate were lower in CSD group than in non-CSD group in women undergoing the transfer of the cleavage-stage embryo [18.97% (11/58) vs. 32.30% (281/870), *P*=0.034; 18.97% (11/58) vs. 31.26% (272/870), *P*=0.049]. **Conclusion** With SET strategy, patients with a history of cesarean section have similar pregnancy outcomes to those with VD, and there is no increased risk of perinatal complications. However, the pregnancy outcomes of *in vitro* fertilization-embryo transfer are hampered in women with CSD. Single blastocyst-stage embryo transfer strategy is recommended for patients with scarred uterus.

【Key words 】 Single embryo transfer; Scarred uterus; Cesarean scar defect; Pregnancy outcomes

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.临床研究.

PCOS 患者停用复方口服避孕药治疗后无排卵复发的影响因素分析

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21-20261641

【摘要】目的 研究多囊卵巢综合征(polycystic ovary syndrome, PCOS) 患者停用复方口服避孕药(combined oral contraceptive, COC)治疗后无排卵复发的影响因素。方法 从 2018 年 4 月至 2020 年 4 月期间,对 259 例在同济大学附属第一妇婴保健院就诊的原无排卵并经 3 个月 COC 降雄激素治疗的 PCOS 患者开展前瞻性观察研究,进行无排卵复发的随访,使用生存分析法进行统计,分析无排卵复发的影响因素。结果 COX 多元回归显示,对 COC 治疗前超重者来说,治疗期间减重幅度达 5%以上(*HR*=0.539, *P*=0.001)可推迟复发,停用 COC 时存在糖和胰岛素代谢异常(*HR*=1.829, *P*=0.008)为促进复发因素;对 COC 治

疗前非超重者来说,停用 COC 时仍存在高雄激素血症(*HR*=2.268,*P*=0.030)为 促进复发因素。K-M 检验显示,50 例 COC 治疗期间减重幅度达 5%及以上的原超 重患者中,停用 COC 后体质量反增者,复发时间更早 [1.0 (1.0, 2.0) 个周期比 3.0 (2.0, 8.0) 个周期,*P*=0.001];35 例停用 COC 时糖和胰岛素代谢恢复正常者,其中停药后继续维持剂量口服二甲双胍者的复发时间晚于未再服用二甲双胍者 [2.0 (1.0, 4.0) 个周期比 1.0 (0.0, 3.0) 个周期,*P*=0.022]。结论 为推迟 PCOS 停用 COC 后无排卵复发,建议超重患者减重一定幅度,并纠正糖和胰岛素代谢异常后再停药;停用 COC 时糖和胰岛素代谢恢复正常者,宜继续口服维持剂量二甲双胍;非超重患者待雄激素水平降至正常后停药。

【关键词】 多囊卵巢综合征; 胰岛素抵抗; 无排卵; 复发基金项目: 同济大学附属第一妇婴保健院院级课题(2017B11)

Analysis on influential factors on the recurrence of anovulation of PCOS patients who stop the treatment of combined oral contraceptive

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[Abstract] **Objective** To study the influential factors on the relapse of anovulation of polycystic ovary syndrome (PCOS) patients who stop the treatment of combined oral contraceptive (COC). **Methods** In the prospective observational study from April 2018 to April 2020,259 anovulatory PCOS patients who vistited in Shanghai First Maternity and Infant Hospital, School of Medicine, Tongji University were followed up after their androgen lowering therapy via COC for 3 months finished and survival analysis was adopted to analyze the influencing factors of anovulation recurrence. Results COX multivariate regression showed that for super heavy patients before COC treatment, reducing weight not less than 5% (HR=0.539, P=0.001) could relay the relapse whereas glycometabolism and insulin metabolism anormality at withdrawal time was promoting factor of relapse (HR=1.829, P=0.008); for non super heavy patients, hyperandrogenism at withdrawal time may promote relapse of anovulation. K-M test showed that for 50 super heavy patients before COC treatment who reduced weight not less than 5% during treatment, the weight gain after COC withdrawal indicated the shorter relapse time [1.0(1.0,2.0) cycle vs. 3.0(2.0,8.0) cycles, P=0.001]. Among 35 patients whose glucose and insulin metabolism had returned to normal at withdrawal time, those who used maintenance dosage of Metformin after withdrawal had later relapse of anovulation [2.0(1.0, 4.0) cycles vs. 1.0(0.0, 3.0) cycle, P=0.022] than those who did not. **Conclusion** To relay the relapse of anovulation after COC treatment, we suggest that super heavy patients reduce weight moderately and remedy glycometabolism anormality, and non super heavy patients reduce androgen to normal before withdrawal. For the patients whose glucose metabolism return to normal at withdrawal time, it is better to continue using maintenance dosage of Metformin after withdrawal.

【Key words】 Polycystic ovary syndrome; Insulin resistance; Anovulation; Relapse

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·实验研究.

邻苯二甲酸二丁酯暴露对不孕女性 助孕结局及小鼠早期胚胎发育影响 的研究

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【摘要】 目的 探讨体内邻苯二甲酸二丁酯(di-n-butyl phthalate, DBP) 暴露水平对不孕患者早期助孕结局的影响及其对小鼠早期胚胎发育的影响。方法 本研究选取 2019 年 2 月至 10 月期间在河南省人民医院生殖中心就诊的因输卵管 因素行体外受精-胚胎移植(*in vitro* fertilization-embryo transfer, IVF-ET)治 疗的患者,根据病历号尾号抽取单号的 112 例不孕患者为研究对象,应用高效液 相色谱串联质谱检测尿液中 DBP 代谢产物邻苯二甲酸单丁酯(mono-n-butyl phthalate, MBP)的浓度,采用多元回归模型分析尿液中 MBP 水平与不孕患者 受精率、优质胚胎率及囊胚形成率等早期助孕结局的关系。同时将40只3周龄清 洁级 ICR 雌性小鼠简单随机抽样分为对照(玉米油)组和低、中、高剂量 DBP 染 毒组(300 mg/kg、600 mg/kg、1200 mg/kg)四组,每组 10 只。将各组雌鼠 促排卵与非染毒雄鼠合笼后, 取受精卵, 比较各组间胚胎卵裂率、囊胚形成率和着 床位点的差异。结果 在控制了混杂因素后,患者尿液中 MBP 浓度与受精率、优 质胚胎数、囊胚形成数及囊胚形成率呈负相关(P=0.01、P=0.04、P=0.03、P=0.05)。 DBP低剂量组、中剂量组、高剂量组的小鼠受精后胚胎卵裂率[58.38%(115/197)、 43.42% (99/228)、36.60% (71/194)]、囊胚形成率 [54.78% (63/115)、 44.44%(44/99)、39.44%(28/71)]及胚胎着床位点数(12.20±3.03、11.80±2.68、 11.60±2.41)明显低于对照组小鼠[87.12%(142/163),P<0.001;86.62%(123/142),P<0.001;16.80±0.84,P<0.001)。DBP 低剂量组卵裂率高于中剂量组、高剂量组,差异有统计学意义(P=0.002,P<0.001)。DBP 低剂量组囊胚形成率高于 DBP 高剂量组,差异有统计学意义(P=0.042)。DBP 染毒的三组小鼠之间胚胎着床位点数差异无统计学意义(P>0.05)。结论 DBP 暴露与不孕女性临床结局存在相关性,且 DBP 暴露对小鼠早期胚胎发育产生毒性损伤。

【关键词】 酞酸酯类; 邻苯二甲酸二丁酯; 邻苯二甲酸单丁酯; 内暴露; 受精,体外; 胚胎移植

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Effects of exposure to di-n-butyl phthalate on pregnancy outcome in infertile women and early embryo development in mice

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[Abstract] Objective To explore the influence of di-n-butyl phthalate

(DBP) exposure levels on early reproductive outcomes in vivo in infertile women, and its influence on early embryonic development of DBP exposed mice. Methods

This study population sampling selected 112 patients **according** to the tail number

of the medical record number who undergwent in vitro fertilization-embryo transfer (IVF-ET) treatment for tubal factor infertility from February to October 2019 in Reproductive Medicine Center of Henan Province People's Hospital. The concentration of DBP metabolite mono-n-butyl phthalate (MBP) in patients' urine was determined by HPLC tandem mass spectrometry. Multiple regression model analysis was used to analyze the relationship between urine level of MBP and early reproductive outcomes in patients with infertility. At the same time, 40 3-week-old clean grade ICR infected female mice were randomly divided into control (corn oil) group and low-, middle- and high-dose DBP infected (300 mg/kg, 600 mg/kg, 1200 mg/kg) groups, with 10 mice in each group. Fertilized eggs were collected from female ovulation induction and non-infected male mice in each group, and the differences of embryo cleavage rate, blastocyst formation rate and landing point were compared. **Results** After controlling for the mixed factors, the concentration of MBP was negatively correlated with the fertilization rate, the number of goodquality embryos, the number of blastocyst formation and the rate of blastocyst formation as the urine level increased (*P*=0.01, *P*=0.04, *P*=0.03, *P*=0.05). There were statistically significant differences in cleavage rate between the low-dose group and the middle-dose group [58.38% (115/197) vs. 43.42% (99/228), P=0.002], between the low-dose group and the high-dose group [58.38% (115/197) vs. 36.60% (71/194), *P*<0.001], and no statistically significant difference was observed between the middle-dose group and the high-dose group (P>0.05). There was a statistical

difference in blastocyst formation rate between the low-dose group and the high-dose group [54.78% (63/115) vs. 39.44% (28/71), P=0.042], and no statistical difference was observed between the other two groups (P>0.05). There was no statistically significant difference in implantation sites among the three groups of mice exposed to DBP (P>0.05). **Conclusion** There was a correlation between DBP exposure and clinical outcomes in infertile women, and DBP exposure caused toxic damage to early embryonic development in mice.

[Key words] Phthalate esters; Di-n-butyl phthalate; Mono-n-butyl phthalate; In exposure; Fertilization *in vitro*; Embryo transfer

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miR-3074-5p 及其靶基因 *p*27 在 子痫前期胎盘组织中的异常表达

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【摘要】 目的 观察 miR-3074-5p 及其靶基因 *p*27 在子痫前期胎盘组织中的表达情况,初步探讨 miR-3074-5p/*p*27 分子途径在子痫前期病理过程中的作用。方法 收集 2017 年 9 月至 2018 年 3 月期间在天津医科大学第二医院产科行

剖宫产手术的子痫前期患者(子痫前期组,16例)和相同孕周非子痫前期的剖宫 产产妇(对照组,9 例)的胎盘组织,通过实时定量 PCR、免疫组织化学 (immunohistochemistry, IHC) 和 Western blotting 检测, 比较两组胎盘组织 中 miR-3074-5p 以及 p27、细胞周期蛋白 D1 (cyclin D1, CCND1) 和细胞周期 蛋白依赖性激酶 2 (cyclin dependent kinase 2, CDK2) 等蛋白的表达水平。应 用双荧光素酶基因报告系统,验证 miR-3074-5p 对 p27 mRNA 的靶向抑制作用; 通过 RNA 干扰技术, 敲低人绒毛外滋养细胞系 HTR-8/SVneo 中 p27 蛋白的表达 水平,观察 p27 表达下调对细胞生理活性的影响。结果 与对照组相比,子痫前 期组胎盘组织中 miR-3074-5p(P=0.034)与 CCND1 蛋白的表达量都显著下调 (*P*=0.031),而 p27 蛋白的表达量则显著上调(*P*=0.010); IHC 结果显示, p27 和 CCND1 蛋白主要表达于合体滋养层细胞中。双荧光素酶报告系统检测结果证 实, miR-3074-5p 能与 p27 mRNA 的 3' UTR 序列结合而抑制其表达; 敲低 HTR-8/SVneo 细胞中 p27 的表达水平后,细胞的增殖 (P=0.014) 和侵袭 (P=0.045) 活性都显著增强。结论 miR-3074-5p 可能通过直接靶向抑制 p27 的表达而参与 调控人绒毛外滋养层细胞的生理活性,进而影响胎盘发育及功能;胎盘组织中 miR-3074-5p 的异常低表达可能通过诱导 p27 的表达而参与子痫前期的病理过程。

【关键词】 miR-3074-5p; *p*27; 子痫前期; 胎盘; 滋养层细胞基金项目: 国家自然科学基金(81701445); 天津市自然科学基金(17JCYBJC26400)

Dysregulated expressions of miR-3074-5p and its target gene p27 in placenta of pre-eclampsia patients

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[Abstract] **Objective** To detect the expression levels of miR-3074-5p and its target gene p27 in the placental tissues of pre-eclampsia (PE) patients, and to preliminarily explore the association of miR-3074-5p/p27 pathway in the pathogenesis of PE. Methods From September 2017 to March 2018, 16 pregnant women with PE (PE group) and 9 normal pregnant women (control group) were enrolled in Obstetrics Department in the Second Hospital of Tianjin Medical University. The placental expression levels of miR-3074-5p, p27, cyclin D1 (CCND1) and cyclin dependent kinase 2 (CDK2) were determined by quantitative PCR (qPCR), Western blotting and immunohistochemistry (IHC) analyses. The dual-luciferase reporter assay was applied to authenticate the directly targeted effect of miR-3074-5p on expression of p27 mRNA. The expression of p27 in the human extravillous trophoblast cell line HTR-8/SVneo was down-regulated by its specific shRNA, and the effects of down-regulated p27 expression on physiological activities of HTR-8/SVneo cells were detected. Results Compared with control group, the expression levels of miR-3074-5p (P=0.034) and CCND1 (P=0.031) protein in the

placenta of PE patients were significantly decreased, whereas the placental p27 (P=0.010) protein expression was significantly increased in PE group. IHC analysis showed that, the signals of p27 and CCND1 proteins were dominantly detected in syncytiotrophoblast. The results of dual-luciferase reporter assay confirmed that miR-3074-5p could inhibit the expression of p27 by directly bound to the 3'UTR of p27 mRNA. After the p27 expression was down-regulated, the proliferative and invasive activities of HTR-8/SVneo cells were significantly enhanced (p=0.014, p=0.045). **Conclusion** miR-3074-5p might participate in the regulation of physiological activities of extravillous trophoblast cells by its targeted inhibition on p27 expression, and the abnormally decreased miR-3074-5p in trophoblast cells

might be associated with the pathogenesis of PE by promoting the expression of p27.

Key words miR-3074-5p; *p*27; Preeclampsia; Placenta; Trophoblast cell **Fund program:** National Natural Science Foundation of China (81701445); The Municipal Natural Science Foundation of Tianjin (17JCYBJC26400)

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·实验研究·

LncRNA AC000061.1 调控 CFTR

在非梗阻性无精子症发病机制中的 作用

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【摘要】目的 探讨长链非编码 RNA(long non-coding RNA, LncRNA) AC000061.1 调节 *CFTR* 基因表达在非梗阻性无精子症(nonobstructive azoospermia, NOA)发病机制中的作用。方法 基因芯片检测梗阻性无精子症

(obstructive azoospermia, OA)组(50例)、NOA组(50例)及对照组(50 例)患者的睾丸组织中差异表达的 LncRNA 并对其对应的靶向 mRNA 进行生物 信息学分析,用 qRT-PCR 和 Western blotting 法检测三组患者的睾丸组织凋亡 基因 Bcl-2 表达差异。qRT-PCR 验证三组患者睾丸组织、血清、精浆中 LncRNA AC000061.1 和 CFTR mRNA 表达水平。酶联免疫吸附法(enzyme-linked immunosorbent assay, ELISA) 检测血清和精浆中 CFTR 蛋白浓度。构建 LncRNA AC000061.1 过表达(H-LncRNA组)、沉默(Si-LncRNA组)及空载对照组载 体转染至睾丸癌细胞系(NTERA-2), qRT-PCR 验证 LncRNA AC000061.1 及 CFTR mRNA 的表达, Western blotting 检测 CFTR 蛋白水平, CCK-8 检测细胞 增殖能力,流式细胞术及 TUNEL 凋亡试剂盒检测细胞凋亡率。结果 芯片检测和 gRT-PCR 显示,与对照组相比,NOA 组睾丸组织 LncRNA AC000061.1 和 CFTR 表达降低(*P*=0.033, *P*=0.042),OA组 LncRNA AC000061.1表达无差异, CFTR 低表达 (P=0.039); OA 组和 NOA 组凋亡基因 Bcl-2 表达水平依次增高 (P=0.031, P=0.008)。三组血清中 LncRNA AC000061.1 mRNA 和 CFTR mRNA 及蛋白表达水平差异均无统计学意义(P均>0.05)。在精浆中,与对照组相比, NOA 组和 OA 组 LncRNA AC000061.1 和 CFTR mRNA 及蛋白含量依次降低 (P=0.002, P=0.038 和 P=0.006, P=0.026),且LncRNA AC000061.1与 *CFTR* mRNA 呈正相关(*r*=0.169, *P*=0.039)。质粒转染 NTERA-2 细胞后, 沉 默 Si-LncRNA 组 LncRNA AC000061.1 mRNA 及 CFTR mRNA 和蛋白表达均降 低(*P*=0.005, *P*=0.003),过表达 H-LncRNA 组 LncRNA AC000061.1 mRNA 及 *CFTR* mRNA 和蛋白表达均显著增高 (*P*=0.002, *P*=0.009)。 沉默 Si-LncRNA 组细胞增殖能力显著下降(P=0.003),细胞凋亡率明显增高(P=0.001);过表 达 H-LncRNA 组细胞增殖能力增加 (P=0.017),细胞凋亡率降低 (P=0.017)。 结论 NOA 睾丸组织中 LncRNA AC00006.1 通过调控 CFTR 基因表达引发细胞 增殖与凋亡的异常,可能参与 NOA 的发病机制。

【关键词】 长链非编码 RNA; *CFTR* 基因; 非梗阻性无精子症; 增殖; 凋亡

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LncRNA AC000061.1 regulates $\it CFTR$ in the pathogenesis of nonobstructive azoospermia

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(Abstract) Objective To explore the role of long non-coding RNA (LncRNA) AC000061.1 involved in the pathogenesis of nonobstructive azoospermia (NOA) by regulating the *CFTR* gene expression. **Methods** Bioinformatics analysis was conducted with the use of gene microarray to screen the differentially expressed LncRNAs and corresponding mRNAs in the testicular tissue of patients in three groups including obstructive azoospermia (OA) group (n=50), NOA group (n=50), and control group (n=50). The expression of apoptosis-related gene *Bcl*-2 in the

testicular tissue of patients in these three groups was detected by qRT-PCR and Western blotting. Additionally, qRT-PCR was performed to determine the expression of LncRNA AC000061.1 and CFTR mRNA in the testicular tissue, serum, and seminal plasma of patients in the three groups, and enzyme-linked immunosorbent assay (ELISA) was conducted to detect the CFTR protein level in the serum and seminal plasma. LncRNA AC000061.1 overexpression (H-LncRNA group) and silencing vectors (Si-LncRNA group) and empty vectors were constructed and transfected into the testicular cancer cell line NTERA-2. Subsequently, the expression of LncRNA AC000061.1 and CFTR mRNA was determined by qRT-PCR, and CFTR protein expression was measured by Western blotting assay. Cell proliferation was assessed using CCK-8 and cell apoptosis was evaluated by flow cytometry and TUNEL. Results Microarray analysis and qRT-PCR showed that the expression of LncRNA AC006100.1 and CFTR decreased in NOA group compared with control group (P=0.033 and P=0.042). But there was no difference in the expression of LncRNA AC000061.1 between OA group and control group, while CFTR in OA group was lowly expressed compared with that in control group (P=0.039). Bcl-2 expression was sequentially upregulated in OA and NOA groups relative to normal control group (P=0.031 and P=0.008). No significant difference was noted in the serum levels of LncRNA AC000061.1 and *CFTR* mRNA and protein among the three groups (*P*>0.05). The results also showed sequentially decreased levels of LncRNA AC000061.1 and CFTR mRNA and protein in seminal plasma in NOA and OA groups when compared with control group (P=0.002, P=0.038 and P=0.006, P=0.026) and a positive correlation of LncRNA AC000061.1 expression with CFTR mRNA expression (r=0.169, P=0.039). LncRNA AC000061.1 and *CFTR* mRNA and protein expression decreased in Si-LncRNA group (P=0.005, P=0.003), but significantly increased in H-LncRNA group (*P*=0.002, *P*=0.009). Furthermore, cell proliferation was significantly repressed while apoptosis rate was elevated in Si-LncRNA group (P=0.003 and *P*=0.001). On the contrary, enhanced cell proliferation and inhibited apoptosis were observed in H-LncRNA group (P=0.017 and P=0.017). Conclusion AC00006.1 in the testicular tissue of NOA patients induced abnormal cell proliferation and apoptosis via mediating CFTR gene expression, thereby participating in the pathogenesis of NOA.

【Key words 】 Long non-coding RNA; *CFTR*; Nonobstructive azoospermia; Proliferation; Apoptosis

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青春期启动前后行睾丸下降固定术 对同周期 ICSI-microTESE 临床结 局的比较分析

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【摘要】 目的 探讨青春期启动前、后行睾丸下降固定术对隐睾后非梗阻性 无精子症(nonobstructive azoospermia, NOA)患者行同周期显微睾丸取精 (microdissection testicular sperm extraction, microTESE) 结合卵胞质内单 精子显微注射(intracytoplasmic sperm injection, ICSI)临床结局的影响。方 法 回顾性队列研究分析 2013 年 12 月至 2019 年 8 月期间在西北妇女儿童医院 生殖中心接受同周期 microTESE 结合 ICSI 治疗的 NOA 患者,比较隐睾后 NOA 与非隐睾后 NOA 的精子获得率(sperm retrieval rate, SRR),同时将隐睾后 NOA 患者,按既往接受睾丸下降固定术的时间,分为青春期前手术组和青春期启 动后手术组,比较两组患者在实施同周期 microTESE 结合 ICSI 治疗后的 SRR 和 妊娠结局。结果 34 例隐睾后 NOA 患者和 604 例非隐睾后 NOA 患者接受了 microTESE 手术, 其中隐睾后 NOA 患者的 SRR 为 85.3%(29/34), 非隐睾后 NOA 患者的 SRR 为 40.2%(243/604), 两组间 SRR 差异有统计学意义(P<0.001)。 34 例隐睾后 NOA 患者中,青春期前组 17 例,有 17 例检见精子;青春期启动后 组 17 例,有 12 例检见精子,两组间 SRR 差异有统计学意义(P=0.044)。隐睾 后 NOA 患者接受 ICSI 治疗的总临床妊娠率为 65.4% (17/26); 其中青春期前组 的临床妊娠率为 62.5%(10/16), 青春期启动后组临床妊娠率为 70.0%(7/10), 两组间临床妊娠率、孕早期流产率、双原核率及优质胚胎率差异均无统计学意义

(*P*>0.05)。隐睾后 NOA 患者中,未检见精子者的睾丸病理类型均为唯支持细胞综合征(Sertoli cell only syndrome,SCOS),青春期启动后组的 SCOS 占比 [76.5%(13/17)] 要高于青春期前组的 SCOS 占比 [35.3%(6/17)],差异有统计学意义(*P*=0.016)。此外,睾丸体积、卵泡刺激素、睾酮与 SRR 均无显著相关性。结论 隐睾后 NOA 患者的 SRR 较高,通过同周期 ICSI-microTESE 治疗的临床效果满意,睾丸下降固定术的手术时间对 ICSI 的妊娠结局可能影响不大。尽早实施睾丸下降固定术对于 microTESE 的精子获取可能更有利。

【关键词】 非梗阻性无精子症; 隐睾; 睾丸显微取精术; 卵胞质内单精子显微注射

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Effects of orchidopexy operations in different pubertal status on the clinical outcomes of ICSI-micro TESE: a comparative analysis

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[Abstract] **Objective** To investigate the effect of treatment with orchiopexy at different ages on the clinical outcomes of nonobstructive azoospermia (NOA) patients with a history of cryptorchidism who underwent microdissection testicular sperm extraction (microTESE) combined with intracytoplasmic sperm injection (ICSI). Methods NOA patients undergoing microTESE combined with ICSI from December 2013 to August 2019 in the ICSI treatment cycle in Assisted Reproduction Center of Northwest Women and Children's Hospital were collected in this retrospective cohort study. According to the history of cryptorchidism, the patients were divided into cryptorchidism group and non-cryptorchidism group. The sperm retrieval rates (SRRs) were assessed between these two groups. Then, based on the timing of treatment with orchiopexy, the NOA patients with orchidopexy were subdivided into prepubertal group and pubertal-postpubertal group. The SRRs and the pregnancy outcomes were also assessed. Results There were 34 NOA patients with cryptorchidism and 604 NOA patients without cryptorchidism underwent microTESE. The SRRs in NOA patients with or without cryptorchidism were 85.3% (29/34) and 40.2% (243/604), respectively. The differences were statistically significant (*P*<0.001). In the prepubertal surgery group, sperm was detected in 17 cases, while in the pubertal-postpubertal surgery group, the sperm was detected in 12 cases. The differences were statistically significant (*P*=0.044). The total clinical pregnancy rate of cryptorchidism NOA patients treated with ICSI was 65.4% (17/26). Among these individuals, the clinical pregnancy rate of the prepubertal group was 62.5% (10/16) and the pubertal-postpubertal group was 70.0% (7/10). There were no statistical differences in clinical pregnancy rate.

Some other clinical pregnancy outcomes, including miscarriage rate in early pregnancy, the rate of cycle with 2PN and the rate of cycle with top-quality embryo, also showed no differences between the two groups. In pathology analysis, all the cryptorchidism NOA patients with failure sperm retrieval were Sertoli cell only syndrome (SCOS). The pubertal-postpubertal group had a significant higher morbidity of SCOS [76.5% (13/17)] compared with the prepubertal group [35.3% (6/17)] (P=0.016). In addition, the volume of testis, the level of follicle-stimulating hormone and testosterone were not statistically associated with SRR. **Conclusion** The SRR of NOA patients with cryptorchidism was higher than those without cryptorchidism. The age at orchidopexy operation may have little effect on the pregnancy outcome of ICSI. It may be more beneficial for microTESE to obtain sperm by undergoing orchiopexy as early as possible.

Key words] Nonobstructive azoospermia; Cryptorchidism; Microdissection testicular sperm extraction; Intracytoplasmic sperm injection

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·综 述·

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双刺激方案在卵巢低反应患者中的应用研究进

展

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【摘要】 卵巢低反应(poor ovarian response, POR)是一种生殖内分泌 疾病,患者行体外受精促排卵后的获卵数往往较低,严重影响妊娠成功率。双刺激 方案利用黄体期卵巢刺激的原理,通过在一个月经周期内二次取卵,短时间内可以 获取更多数量的卵子。因此,进一步探索这种新的促排卵方案可能有助于为 POR

患者提供更好的治疗策略。本文从 POR 定义、双刺激方案的作用机制和发展历史,以及在 POR 患者中的应用进行综述。

【关键词】 卵巢低反应; 黄体期刺激; 冷冻胚胎移植; 双刺激方案基金项目:中华医学会临床医学科研专项资金(18010370766)

Recent advances of double stimulation protocols in poor ovarian responders

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[Abstract] Poor ovarian response (POR) is a reproductive endocrinology disease that seriously affects the number of oocytes retrieved and reduces the success rate of *in vitro* fertilization (IVF). The double stimulation protocol utilizes the principle of ovarian stimulation in both the follicular and luteal phase. By retrieving oocytes within one menstrual cycle, more oocytes can be obtained in a fairly short period of time. Therefore, to further explore this new ovarian stimulation protocol may help to provide better treatment strategies for POR patients. This paper reviews the definition of POR, the mechanism and developments of double stimulation, and its application in POR patients.

[Key words] Poor ovarian response; Luteal phase stimulation; Frozen embryo transfer; Double stimulation

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精子鞭毛多发形态异常的相关基因研究进展

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【摘要】 精子具有高度特异性的结构特征,这是其所具有的独特受精功能所必需的。其中,精子鞭毛是精子产生运动所必需的一种特定细胞器。鞭毛的完整性对正常精子功能的维持至关重要,鞭毛缺陷常导致精子的运动能力减弱或缺失,从而引起男性不育。鞭毛多发形态异常(multiple morphological abnormalities of the sperm flagellum,MMAF)是导致男性不育的最严重的精子鞭毛缺陷之一,其特征是精子鞭毛存在变短、卷曲、缺失和不规则的现象。人类精子鞭毛中存在1000 种以上的蛋白,因而形成 MMAF 的病因具有明显遗传异质性。近年来,对MMAF 表型的基因组学研究已经鉴定出 20 余种导致 MMAF 和不育的突变基因。本文总结了导致 MMAF 的相关基因编码的蛋白信息、定位特征及其潜在的功能。

【关键词】 精子; 鞭毛; 不育; 基因突变; 形态异常

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Progress in the study of the related genes of multiple morphological abnormalities of the sperm flagellum

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【Abstract 】 Spermatozoa have highly specific structural characteristics, which are necessary for their unique function of fertilization. Among them, sperm flagellum is a specific organelle which is necessary for sperm movement. The integrity of the flagellum is crucial to the maintenance of normal sperm function. Flagellum defects often lead to the reduction or loss of sperm motility, which lead to male infertility. Multiple morphological abnormalities of the sperm flagellum (MMAF) is one of the most serious defects of sperm flagella leading to male infertility, which is characterized by the short, curly, missing and irregular caliber of sperm flagellum. Recent studies have shown that there are more than 1000 kinds of proteins in human sperm flagella, so the etiology of MMAF has obvious genetic heterogeneity. In recent years, genomics studies of the MMAF phenotype have identified over 20 mutated genes leading to MMAF and infertility. In this paper, we summarized the information of the related genes causing MMAF, including their coding protein characteristics, specific localization and potential functions.

[Key words] Sperm; Flagellum; Infertility; Gene mutation; Morphological abnormality

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·综述·

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环状 RNA 在滋养细胞功能障碍相关疾病中的研究进展

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【摘要】 环状 RNA(circular RNA,circRNA)是一类具有稳定共价闭合环状结构的非编码 RNA。该类 RNA 不仅在肿瘤的发生发展中起着重要作用,还是多种疾病诊断和治疗的新型生物标志物。滋养细胞功能障碍可导致胚胎着床失败、胎盘发育异常及母-胎界面血管重塑不足,进而造成早期妊娠丢失、子痫前期、早产及胎儿生长受限(fetal growth restriction, FGR)。本文主要从子痫前期、复发性流产(recurrent spontaneous abortion,RSA)、FGR等方面阐述 circRNA 近年来在滋养细胞功能障碍相关疾病的研究进展,以便更好地理解妊娠相关疾病的发病机制,进而为疾病的诊治提供新思路。

【关键词】 环状 RNA; 子痫前期; 复发性流产; 胎儿生长受限; 子宫内膜容受性

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Research progress of circular RNA in diseases related to trophoblast dysfuction

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(Abstract) Circular RNAs (circRNAs), non-coding RNA with stable circular covalently closed structures, provide new biomarkers for the diagnosis and treatment of various diseases and play an important role in the development of tumors. Trophoblast dysfunction can cause embryo implantation failure, placental dysplasia, and insufficient vascular remodeling at the maternal-fetal interface, leading to early pregnancy loss, preeclampsia (PE), premature delivery, and fetal growth restriction (FTR). Here, we review recent research progress in circRNAs in diseases related to trophoblast dysfunction such as PE, recurrent spontaneous abortion (RSA) and FGR. In this way, we can better understand the pathogenesis of pregnancy-related diseases and come up with new ideas for their future diagnosis and treatment.

【Key words 】 Circular RNA; Preeclampsia; Recurrent spontaneous abortion; Fetal growth restriction; Endometrial receptivity

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·综述.

Cyclin B 家族在哺乳动物卵母细胞减数分裂成熟过程中的作用

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【摘要】 哺乳动物卵母细胞在减数分裂过程中经历两次停滞与恢复,而对细胞周期停滞与恢复的调控直接影响单倍体卵子的形成。在卵母细胞减数分裂中,由细胞周期蛋白 B(Cyclin B)与细胞周期蛋白依赖性激酶(cyclin-dependent kinases,CDK)组成的复合物可以激活或抑制下游相关分子,Cyclin B 的含量周期性变化可控制卵母细胞维持在该时期或进入下一时期,调控减数分裂的进程。传统观念认为,Cyclin B1 是调控卵母细胞减数分裂进程的核心细胞周期蛋白,但近来的多项实验结果证明,Cyclin B2 和 Cyclin B3 在卵母细胞减数分裂成熟调控中也发挥着不可或缺的作用。本文将围绕 Cyclin B 蛋白家族成员在哺乳动物卵母细胞减数分裂过程中的作用展开综述。

【关键词】 细胞周期蛋白 B; 卵母细胞; 减数分裂

The functions of Cyclin B family in mammalian oocyte meiotic maturation

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【Abstract 】 There are two rounds of meiotic arrest and resumption in mammalian oocyte, leading to the formation of haploid maternal genome. During the

oocyte maturation, Cyclin B and cyclin-dependent kinases (CDK) complex can active or inhibit downstream molecules to regulate meiotic progression. The periodic changes of Cyclin B controls meiotic cell cycle arrest or exit of oocyte. Traditionally, Cyclin B1 is believed to be the critical cyclin that regulates the progression of oocyte meiosis, however, recent studies have demonstrated that Cyclin B2 and Cyclin B3 also play indispensable roles in oocyte meiotic maturation. This review focuses on the roles of members of the Cyclin B protein family in meiosis of mammalian oocyte.

【Key words】 Cyclin B; Oocyte; Meiosis